Diversity and Inclusion Summer Series

A Culture of Inclusion

Registration is required.
Register below for each Part via ZOOM.

Fostering a Culture of Inclusion — FOR EMPLOYEES

Part 1
Tuesday, June 30
11:00–11:45 a.m.

Part 2
Thursday, July 30
11:00 a.m. – noon

To create a culture of inclusion, we must all do our part to strengthen and sensitize our relationships and interactions. Join us for a series of webinars designed to enhance knowledge and encourage dialogue regarding diversity, equity, and inclusion.

Leading in a Culture of Inclusion — FOR MANAGERS

Part 1
Tuesday, June 30
1:00–1:45 p.m.

Part 2
Thursday, July 30
1:00 – 2:00 p.m.

Leaders play a critical role influencing a unique and differentiated employee experience and contributing to an inclusive culture. This series deepens core diversity, equity, and inclusion skill sets and provides tools to enhance inclusive environments within the teams participants lead.

Opening Session:
Welcoming Remarks
Taking a Stand on Anti-Racism: Moving the Needle from Ally to Upstander
Thursday, July 9
10:00–11:00 a.m.

Lianne Sullivan-Crowley
Vice President for Human Resources
Kimberly Tiedeken
Director, Diversity and Inclusion, Human Resources

Discuss steps to individually and collectively call out xenophobic fear, racism, and police brutality.

Benefits Health Resources
Wednesday, July 22
11:00 a.m.–noon

Crystal Edwards
Benefits Specialist, Human Resources

Learn about our health resources and how to access Health Advocate, Best Doctors, and mental well-being and COVID-19 consultations.

Fitness, Nutrition, and Kids Healthy Recipes
Wednesday, July 29
11:00 a.m.–noon

Nne Felder and Gerry Pierre
Health Coaches

Stay healthy this summer with helpful fitness and nutrition tips. Children and family are welcome to join this session provided by the My Health Coach Program by TrestleTree.

It’s Not Selfish, It’s Self-care
Wednesday, July 15
11:00 a.m.–noon

Lora Shor, MSW, LCSW, Carebridge

Create greater awareness of the need for self-care by managing stress and activating your resiliency.

Closing Session
Wednesday, August 5
2:00 – 2:45 p.m.

Join us for an informal conversation to connect with each other as a community.

Join an ERG
PrincetonERG@princeton.edu
Visit
hr.princeton.edu

Employee Resource Groups and Self-care

Register for each session at Employee Learning System.

Guided Meditation
Wednesday, August 5
11:00 a.m.–noon

Vineet Chander,
Coordinator for Hindu Life, Office of Religious Life, SAAG Vice President
Bhuvan Shori, SAAG President

A mindfulness session to restore a sense of balance, foster inner peace, and cultivate gratitude; resources on mindfulness for young children will be shared. Children and family are welcome to join this session.

Employee Learning System.