GET CONFIDENCE IN YOUR MENTAL HEALTH JOURNEY WITH 2nd.MD

Whether you’ve recently received a new mental health diagnosis or want to confirm you’re on the best treatment plan for you, 2nd.MD can connect you to leading mental health specialists, including psychiatrists and psychologists, for an expert second opinion.

OUR MENTAL HEALTH SERVICES CAN HELP YOU:

1. Connect to top mental health experts in the U.S.
2. Get assurance that you have the right diagnosis
3. Verify that you’re on the best treatment plan
4. Collaborate with your current care team

HOW IT WORKS

1. ACTIVATE YOUR ACCOUNT AND REQUEST A CONSULT
   Call 1.866.841.2575
   Visit 2nd.MD/activate

2. SPEAK WITH A NURSE
   Discuss your diagnosis with an experienced 2nd.MD mental health nurse. We’ll collect your relevant medical records.

3. CONSULT WITH A LEADING SPECIALIST
   Connect to a top mental health specialist by video to discuss your treatment options from the comfort of home. Consultations available when it’s convenient for you, including nights and weekends!

OUR MENTAL HEALTH SPECIALISTS CAN HELP WITH A WIDE VARIETY OF CONDITIONS, INCLUDING:

- Depression
- Generalized anxiety disorder
- Obsessive-compulsive disorder (OCD)
- Post-traumatic stress disorder (PTSD)
- Attention deficit hyperactivity disorder (ADHD)
- Eating disorders
- Addiction and substance abuse
- And more

CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY

2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.

© 2024 2nd.MD. All rights reserved. 23-424a