Health answers when you need them.

With access to this service, you can get immediate answers for many health concerns you have about you or your loved ones. We are here to work with your schedule.

Coping with health concerns can be time-consuming and complex. With so many choices, it can be hard to know where to look for trusted information and support.

This service was designed specifically to help make your health decisions simple and convenient by providing:

- Immediate answers to your health questions any time, anywhere — 24 hours a day, 7 days a week.
- Access to experienced registered nurses who have an average of over 4½ years as a NurseLineSM nurse.
- Trusted, physician-approved information to guide your health care decisions.

When you call, a registered nurse can help you:

Choose appropriate medical care.

- Understand a wide range of symptoms.
- Determine if the emergency room, a doctor visit or self-care is right for your needs.

Find a doctor or hospital.

- Find doctors or hospitals that meet your needs and preferences.
- Locate an urgent care center and other health resources in your area.

Understand treatment options.

- Learn more about a diagnosis.
- Explore the risks, benefits and possible outcomes of your treatment options.

Achieve a healthy lifestyle.

- Get tips on how nutrition and exercise can help you maintain a healthy weight.
- Learn about important health screenings and immunizations.

Learn more about medications.

- Explore how to save money on prescriptions.
- Learn how to take medication safely and avoid interactions.

Registered nurses are available any time, day or night.

NurseLine

1-877-609-2273 myuhc.com

TTY 711

This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor’s care. Your health information is kept confidential in accordance with the law. The service is not an insurance program and may be discontinued at any time.

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